



# get organised

Good ideas, helpful finds and clever tips

## LET'S BRAAI

As we look towards National Braai Day on 24 September, use these sizzling braai tips to gather family and friends around.

**1 USE REAL WOOD**, and if you have non-indigenous trees in your garden think about cutting them down and using them to braai.

**2 FORGET FIRELIGHTERS AND THE HASSLE OF GETTING THE FIRE STARTED**, rather use the Looftlighter, a nifty tool that lights your braai or fireplace with super-heated air within minutes. Fast-forward your charcoal or briquettes so it's possible to start cooking in just a couple of minutes. No more lighting the fire hours before and waiting around till you can hold your hand at the perfect height over the coals to braai... (This must have been a woman's invention!)

**3 YOU COULD SAY THAT BRAAIING** is a relatively healthy way to prepare food as the fat drips out and away.

**4 IF YOU LOVE THE EARTH, THEN BRAAI.** It's a direct form of energy use, from the coals to your meat. With conventional electricity there is a lot spillage between the power plant, power lines, electricity box, wires, stove and pan.

**5 HAVE ENOUGH ICE AT YOUR BRAAI.** Not only for the drinks but also to treat minor burn wounds with.

**Source: Fireworks By Jan Braai – PanMacmillan; visit Braai.com for more information.**

**Light now and braai in minutes. Turn to page 138 and you could be one of three lucky winners to win a Looftlighter. Visit Looftlighter.co.za for more info.**



## Spring is here!

Dust off your wellies and get into your veggie garden...

- 1 Harvest the last of your winter veggies.
- 2 Keep your ground well mulched.
- 3 Scatter 'green' manure between the crops.
- 4 Trim your perennial shrubs – sage, lavender, artemisia and lemon verbena.
- 5 Water your garden regularly to get a good harvest all summer long.

**Source: Jane's Delicious Garden**



Studies show that having regular tidy-ups are mentally therapeutic as clutter and untidiness can leave you feeling unmotivated and depressed. Don't moms know it!

## SPRING IN YOUR STEP

Just one machine can rejuvenate your home with the freshness and energy of spring!

- If like us, spring cleaning is something you'd prefer not to think about, bring in a machine that isn't as intimidated about whipping the house into shape...
- Modern vacuum cleaners, like Numatic's Hetty, are ergonomically designed to do most of the dirty work for you. This energy-saving cleaning machine removes dust, dander and dirt, and is equipped with Autosave technology to ensure 50% energy consumption without losing any power.
- It cleans almost anything from the inside of your wardrobe, bookshelves, mattresses and drawers, to photo frames, walls, ceilings, and so much more. Hetty reaches deep between the cushions of your sofas, removing dust and pet hair from virtually any surface.
- Remember to always start by dusting or vacuuming from the upper parts in a room to the lowest so the dirt stirred up can be vacuumed from the floor at the end. Since Hetty will have done most of the work, you should still be feeling energetic enough to get stuck into some polishing!

**For more info on Numatic and its various products, visit Numatic.co.za or call 0861 NUMATIC (686 284).**

Welcome the new season with a Hetty vacuum cleaner for your home! Turn to page 138 and you could win one worth R5 000 courtesy of Numatic!

