



Picture-perfect book



Abundance, City Food
from the Cape
by Marlene van der
Westhuizen
Macmillan
207 pages; R293

over the book as you turn the pages. The photographs
and text are exquisite. – Yvonne Grimbeek

I adore this luscious,
picture-perfect cookbook
and the recipes ain't
bad either.

Beautiful pictures and
unusual recipes that are
fairly easy to make come
together in a perfect

Christmas gift for a foodie friend
or family member.

Try the spicy chicken soup or
the dead-easy fruit mince tea
slices to start with, and then move
on to the more involved lamb
tagine and the tuna pâté rolled in
puff pastry. Or just sit and drool